

# Supine to Prone

## Step-by-Step Walkthrough | Steps 1-6

### Checklist before you begin:

- Equipment and sling are the correct SWL
- Equipment and sling are in good working order
- Sling straps/loops do not migrate during lift

**DO NOT PROCEED** if sling is damaged or equipment is not functioning correctly.



1

- Prepare patient (tubes/lines/drains) to move from supine to prone
- Centre and position lift and carry bar (parallel) over supine patient



2

- Attach shoulder & torso sling straps to top end of carry bar hooks
- Attach thigh & lower leg sling straps to bottom end of carry bar hooks
- Ensure caregivers manage head and feet if omitting head and feet straps



3

- Raise patient, while patient is secured in sling over bed, secure second positioning sling on bed
- **Optional:** To assist with lateral repositioning while turning add a slider sheet onto bed
- **Optional:** For increased bed surface for turning, position pillows next to bed rails



4

- Move elevated patient to side of bed and lower onto surface
- Remove straps on turning side and tuck and roll sling straps under patient
- Prepare patient to turn and prone, place head in direction of turn, arms by side of body, lower legs crossed at ankle



5

- Raise carry bar and patient will begin to turn
- Control turning to prone



6

- Once prone remove sling and optional slider sheet
- Position patient for comfort

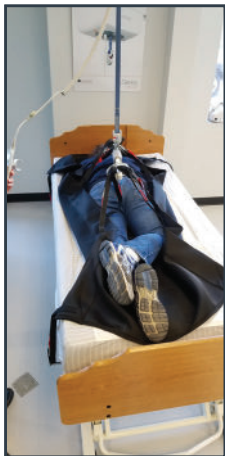
# Prone to Supine

## Step-by-Step Walkthrough | Steps 7-11

### Checklist before you begin:

- Equipment and sling are the correct SWL
- Equipment and sling are in good working order
- Sling straps/loops do not migrate during lift

**DO NOT PROCEED** if sling is damaged or equipment is not functioning correctly.



7

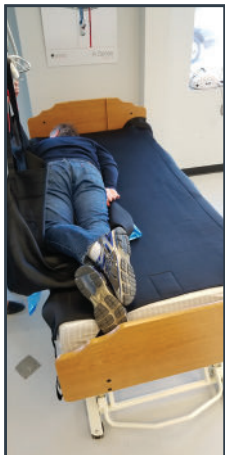
### Moving patient from prone to supine, reverse the steps

- Prepare patient (tubes/lines/drains) to move from prone to supine
- Centre and position lift and carry bar (parallel) over prone patient
- Attach shoulder & torso sling straps to top end of carry bar hooks
- Attach thigh & lower leg sling straps to bottom end of carry bar hooks
- Ensure caregivers manage head and feet if omitting head and feet straps



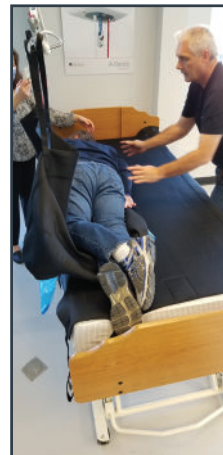
8

- Raise patient, while patient is secured in sling over bed, secure second positioning sling on bed
- **Optional:** To assist with lateral repositioning while turning add a slider sheet onto bed
- **Optional:** For increased bed surface for turning, position pillows next to bed rails



9

- Move elevated patient to side of bed and lower onto surface
- Remove straps on turning side and tuck and roll sling straps under patient
- Prepare patient to turn and move into supine position, place head away from direction of turn, arms by side of body, lower legs crossed at ankle



10

- Raise carry bar and patient will begin to turn
- Control turning to supine



11

- Once prone remove sling and optional slider sheet
- Position patient for comfort