

Limb Sling Transfer Guide



Wound Care/Active & Passive Range of Motion

1. Wrap over and under limb and place straps to opposite sides of main hanger bar.



Peri Care & Foley Catheter Placement

1. Wrap two slings over and under each knee. Hook up each knee strap to opposite sides of the main hanger bar.
2. Place one sling under lower back, wrap second sling over and under one knee. Hook up each to opposite sides of main hanger bar.



Torso Lifting

1. Place sling under shoulder blades with straps coming up under armpits.

Common Uses:

- Assist with X-ray placement
- Assist from supine to dangle



Pannus Lifting

1. Place sling under pannus with side straps hanging off each side of the bed. Two staff members can grab side supports and pull to lift the pannus. Make sure proper body mechanics are followed during the transfer.



Limb Lifting Back to Bed (Dangle to Supine)

1. (Single Sling) Wrap over and under both legs to secure dangling legs at the side of the bed. Hook up to opposite sides of the main hanger bar.
2. (Double Sling) Using two limb slings, wrap over and under each leg. Attach each leg to opposite sides of the main hanger bar.

Limb Sling Transfer Guide

Patient Turning

1. Tie sling off on side of the bed.



2. (Single Sling) Place sling under lower back and attach sling over center of hanger bar.



3. (Double Sling) Place second sling under shoulder blades. Attach lower back and shoulder blade attachment to opposite sides of main hanger bar.



Sitting to Supine

1. Wrap leg/legs & attach to opposite sides of main hanger bar.
2. Raise lift while guiding patient onto table.



Supine to Sitting

1. Apply sling under shoulder blades, brining straps up between arms.
2. Attach straps to opposite sides of main hanger bar.
3. Raise lift while guiding patient to sitting position.

